English

- Retrieve, record and present information from non-fiction.
- Distinguish between fact and opinion and provide evidence which backs up the facts.
- Persuasive presentation to a celebrity or sportsperson.
- · Letter writing.
- Questions for research (linked to science).
- · Factual report writing.
- Graphic novels and comic strips.

Science

- Explore the relationship between diet, exercise, drugs, lifestyle and health.
- Conduct scientific enquiries into heart rate, exercise, pulse rate, breathing and recovery rates.
- Use scientific equipment and digital devices to record and analyse data.
- Learn about William Harvey and circulation.
- Explore and answer questions about the circulatory system.
- Find out how nutrients and water are transported in animals and why.
- Investigate drugs and other substances that can harm us.

Design Technology

 Research, plan, prepare, cook and evaluate a healthy stir-fry using seasonal ingredients.

Music

- Listen to rap music and analyse the characteristics of this genre.
- Compose their own rap as a class, on the subject of healthy choices.
- Perform to a beat, with a strong sense of pulse.
- Lyrical content.
- Work towards an end of Unit performance.

Applied Computing

- Revisit and revise internet search skills such as Boolean operators, key words, ranking results and appropriate internet behaviour.
- Understand common uses for internet forums and be aware of the accuracy and relevancy of information they may contain.
- Understand a range of forum related terminology and how to adhere to appropriate forum etiquette.
- Be able to utilise forums and discussion boards to collaboratively share information and partake in a variety of discussions.

You Choose!



- Pupils explore the mathematics in games and fitness.
- They calculate fractions when swimming and work out their pulse rate. They identify the shapes used in pitches and exercise machines.

French

- This Unit is about pupils having the confidence to make their own decisions and communicate, sometimes when others are doing something they do not want to do for a variety of reasons.
- Pupils will learn how to invite others to participate in different activities, and will learn to accept invitations. However, they will also learn to turn down an offer and give reasons for not wanting to do it.
- Pupils will learn to:
 - understand the importance of talking face to face with each other
 - understand and give invitations to do different activities
 - accept or refuse an invitation
 - ask for more information when invited to do something
 - remember some of the parts of the present tense of avoir and être
 - understand that feminine nouns have different adjective endings from masculine nouns
 - perform a role play including turning down an invitation and explaining why





